



Digital Learning Program

Under 3s Listening, Reading & Writing Resource Pack

Week 1



Under 3s Listening, Reading & Writing Resource Pack

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Key Focus Area: Listening, Reading and Writing

Age group: Under 3s

Rationale: For children to further enhance their literacy understandings using a variety of sources, experiences and materials.

Outcomes: Children are effective communicators.

5 minutes: Mindfulness

Ask child to sit quietly with their eyes closed if comfortable and do our mindfulness pause

1. Sit on the floor with your back nice and straight
2. Take a deep breath in and then a deep breath out
3. Reminding children to breathe in through your nose and out through your mouth
4. Repeat deep breath 4 times

5 minutes: Phonics Song

Activity 1: Guardian plays the Phonics Song ([click here](#))
Guardian plays the letter D song ([click here](#))

Question: What words start with letter D? – shows the slide of the words ([click here](#))

15-20 minutes: D is for Dolphin

Together we are going to create an Dolphin with paints.
Print out the template ([click here](#))
(Alternatively- draw a Dolphin for your child to paint.)



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Questions

Throughout this experience you can ask your child:

- What other words begin with the letter E?
- Can you sound out the letter E?
- Can you write the letter E?

READY FOR THE NEXT PACK?

Answer a few questions about your child's learning and our educators will create a unique, personalised Health and Wellbeing Resource Pack for your child.

<https://forms.gle/RrjPk3SZT4mntXTk7>